

## MEASUREMENTS DATA SHEET

COMPLETION DATE	07/02/2019
ONEASME ID	JOEY-3
GENDER	MALE
FIRST NAME	JOHN
LAST NAME	DOE
DATE OF BIRTH	01/01/1980



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GENERAL	СМ	INCH	
1. HEIGHT	178.7	70.4	Vertical measurement between the top of head and the sole of feet. The body posture is upright and the legs are closed.
2. CERVICAL HEIGTH	156.3	61.5	Vertical distance from the seventh cervical vertebra following the body contour to the hip line and then downwards straight to the ground.
3. CERVICAL TO KNEE HOLLOW	107.1	42.2	Vertical distance from the seventh cervical vertebra following the body contour to the hip line and then downwards straight to the level of the
4. HEAD GIRTH	57.7	22.7	knee hollow. Maximum girth of the head above the ears.
5. BUST HEIGHT	129.2	50.9	Vertical distance between the bust or chest point to the ground.
6. OUTSIDE LEG LENGTH	110.8	43.6	Distance from the waist line along the body contour to the hip line and then straigth down to the ground.
7. WAIST HEIGHT	110.1	43.3	Vertical distance from the waist height to the ground.
8. TRUNCK LENGTH	77.3	30.4	Vertical distance from the seventh cervical vertebra to the crotch height.
TORSO	СМ	INCH	
9. CHEST GIRTH	93.2	36.7	Horizontal girth below the armpits over the strongest part of the bust or chest.
10. UNDERBUST GIRTH	86.9	34.2	Horizontal girth directly below the bust or chest.
11. NECK GIRTH	38.4	15.1	Girth of the neck measured at the level of the seventh cervical vertebra and the larynx.
12. NECK BASE GIRTH	46.4	18.3	Girth of the base of neck measured at the level of the seventh cervical vertebra and the clavicle bone.
13. NECK BASE DIAMETER	14.4	5.7	Horizontal distance between the left and right base shoulder points at the neck.
14. SHOULDER LENGTH	12.6	5.0	Distance from the base of neck point to the outer shoulder point (acromion).
15. BACK WIDTH	37.3	14.7	Horizontal distance from the left to the right armpit at the level of the shoulder blades.
16. BACK WAIST LENGTH	46.4	18.3	Distance from the seventh cervical vertebra to the waist line measured along the body contour.
17. FRONT WAIST LENGTH	47.0	18.5	Distance between the base of neck point on the shoulder line along the body contour to the bust ponits and straight downwards to the waist line.
18. NECK SHOULDER POINT TO BUST POINT	28.0	11.0	Distance between the base of neck point on the shoulder line along the body contour to the bust point.
19. BUST POINT DISTANCE	21.9	8.6	Horizontal distance between the bust points.



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TORSO	СМ	INCH	
20. AXLE LENGTH	24.3	9.6	Vertical distance from the seventh cervical vertebra to the level of the armpit line.
21. ACROMION WIDE	48.9	19.3	Horizontal distance of the outer shoulder points (acromion).
22. UPPER FRONT WIDE	44.5	17.5	Horizontal distance between the armpit folds, measured along the body contour.
WAIST AND HIP	СМ	INCH	
23. WAIST GIRTH	77.8	30.6	Horizontal girth measured at the narrowest area of the abdomen, approximately three centimeter above the top edge of your hip bones.
24. HIP GIRTH	100.7	39.7	Horizontal girth measured over the strongest part of the buttocks.
25. WAIST TO HIP	22.8	9.0	Distance from the waist line to the hip line following the contour of the body laterally.
26. TOTAL CROTCH LENGTH	181.2	71.3	Distance from the front waist line along the crotch to the waist line in the back area.
27. CROTCH LENGTH FRONT	42.9	16.9	Distance from the front waist line measured along the body contour to the center of the crotch.
28. MIDDLE HIP GIRTH	84.1	33.1	Horizontal girth between the waist line and the hip line, approximately eight centimeter below the waist line.
29. MAXIMUM WAIST GIRTH	80.2	31.6	Circumference of the strongest part of the abdomen between the bust or chest and the hip circumference.
ARMS	СМ	INCH	
30. ARM LENGTH	65.4	25.7	Distance from the outer shoulder point (acromion) along the elbow bone to the wrist bone. The arm is slightly bent.
31. UPPER ARM LENGTH	36.9	14.5	Distance from the outer shoulder point (acromion) to the elbow bone. The arm is slightly bent.
32. UPPER ARM GIRTH	34.0	13.4	Girth of the upper arm at the strongest part with the arm hanging down.
33. ELBOW GIRTH	26.5	10.5	Girth of the arm at the elbow measured over the elbow bone. The arm is slightly bent and hanging down.
34. FOREARM GIRTH	26.9	10.6	Girth of the lower arm at the center of elbow and wrist.
35. WRIST GIRTH	17.9	7.0	Girth wrist measured above the wrist bone.
36. ARM LENGTH FROM THE SEVENTH CERVICAL VERTEBRA.	86.4	34.0	Distance from the seventh cervical vertebra over the outer shoulder point along the elbow bone until the wirst bone. The arm is slightly bent and hanging down.



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LEGS	СМ	INCH	
37. THIGH GIRTH	55.8	22.0	Horizontal girth at the strongest part of the thigh.
38. KNEE GIRTH	36.6	14.4	Girth of the knee at the level of the tibia.
39. UPPER KNEE GIRTH	40.6	16.0	Girth of the leg above the kneecap.
40. LOWER KNEE GIRTH	33.3	13.1	Girth of the leg below the kneecap.
41. CALF GIRTH	35.6	14.0	Horizontal girth of the calf at the most pronounced area.
42. MINIMUM LEG GIRTH	21.6	8.5	Horizontal girth at the narrowest area directly above the ankle.
43. INSIDE LEG LENGTH	77.2	30.4	Vertical distance between the middle of the crotch and the ground. The legs are close to each other.
44. KNEE HEIGHT	49.2	19.4	Vertical distance from the center of the knee cap to the ground.
45. SHINE BONE HEIGHT	44.9	17.7	Vertical distance from the tibia to the ground.